

Okeechobee County Schools

High School Lunch

Apr 6, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>May - 2</p> <p>Corn Dog Ham/Cheese Croissant Pepperoni Bread Nacho Bar Spicy Chicken Sandwich Tossed Salad Cup Red/Green Pepper Strips Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>May - 3</p> <p>Taco Nachos PBJ Twin Pack Egg Salad Sandwich Flamin' Chicken Bites Sub Sandwich Bar Refried Bean w/Chs Tossed Salad Cup Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>May - 4</p> <p>Chicken Nuggets w/Roll BBQ Pork Sandwich Pepperoni Pizza BigDaddy Potato Bar Tater Tots Yogurt Cup/Fruit Plate Green Beans Fresh Baby Carrots Variety of Fruit Cups Variety of Fresh Fruit Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>May - 5</p> <p>Chicken Alfredo Dinner Roll Yogurt Cup/Fruit Plate Ham/Cheese Croissant Spicy Chicken Sandwich Nacho Bar Warm Tangy Carrots Cucumbers & Grape Tomatoes Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>May - 6</p> <p>Stuffed Cheese Pizza PBJ Twin Pack Chicken Patty Sandwich Chicken Bacon Ranch Wrap Sub Sandwich Bar Homestyle Baked Beans Fresh Baby Carrots Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>
<p>May - 9</p> <p>Chicken Chunks/Breadstic PBJ Twin Pack Nacho Bar Big Daddy Cheese Pizza Oven Fries Red & Green Peppers/Dip Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>May - 10</p> <p>Beef & Cheese Burrito Cheeseburger Chef Salad Chicken Tenders/Roll Tossed Salad Cup Cucumbers & Grape Tomatoes Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free</p>	<p>May - 11</p> <p>Spaghetti Garlic Breadstick Yogurt Cup/Fruit Plate Spicy Chicken Sandwich Pepperoni Pizza BigDaddy Green Beans Red/Green Pepper Strips Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>May - 12</p> <p>Chicken Breaded Breast w/Roll Chef Salad Ham/Cheese Croissant Flamin' Chicken Bites Nacho Bar Mixed Vegetables Fresh Vegetables Variety Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>	<p>May - 13</p> <p>Pepperoni Bread PBJ Twin Pack Spicy Chicken Sandwich Homestyle Baked Beans Fresh Baby Carrots Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free</p>

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
May - 16 Chicken Tenders/Roll Yogurt Cup/Fruit Plate BBQ Pork Sandwich Pizza Pinwheel Nacho Bar Broccoli in Cheese Sauce Fresh Vegetables Variety Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 17 Flamin' Chicken Bites Ham & Chs Triple Play Chicken Bacon Ranch Wrap Sub Sandwich Bar Corn on the Cob Broccoli Florets/Tomatoes/Dip Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 18 Shepherd's Pie Dinner Roll Hotdog Grilled Cheese Sandwich Spicy Chicken Sandwich Potato Bar Green Beans Red/Green Pepper Strips Variety of Fresh Fruit Variety of Fruit Juice Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 19 Chicken Patty Sandwich Ham & Cheese Melt Beef & Cheese Burrito Nacho Bar Oven Fries Fresh Baby Carrots Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 20 Pizza Pinwheel Cheeseburger Flamin' Chicken Bites Fiestada Pizza Sub Sandwich Bar Homestyle Baked Beans Sweet Yellow Corn Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
May - 23 Corn Dog Ham/Cheese Croissant Pepperoni Bread Nacho Bar Spicy Chicken Sandwich Tossed Salad Cup Red/Green Pepper Strips Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 24 Taco Nachos PBJ Twin Pack Egg Salad Sandwich Flamin' Chicken Bites Sub Sandwich Bar Refried Bean w/Chs Tossed Salad Cup Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 25 Chicken Nuggets w/Roll BBQ Pork Sandwich Pepperoni Pizza BigDaddy Potato Bar Tater Tots Yogurt Cup/Fruit Plate Green Beans Fresh Baby Carrots Variety of Fruit Cups Variety of Fresh Fruit Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 26 EARLY RELEASE DAY PBJ Twin Pack 100% Fruit Juice Blend Variety of Fruit Cups Fresh Baby Carrots MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 27
May - 30	May - 31			

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