

Okeechobee County Schools

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Pre-K Lunch

Sep 30, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 Taco Nachos Refried Bean w/Chs Orange Smiles MILK 1% Lowfat	Oct - 2 Corn Dog Mini's Sweet Yellow Corn Banana, Raw MILK 1% Lowfat	Oct - 3 Chic Chic Fillet/Roll Cucumbers & Dip (PS) Variety of Fruit Cups MILK 1% Lowfat	Oct - 4 Stuffed Cheese Pizza Buddy Fruit Pouch Fresh Baby Carrots MILK 1% Lowfat
Oct - 7 Ham/Cheese Croissant Broccoli in Cheese Sauce Mixed Fruit Cup MILK 1% Lowfat	Oct - 8 Breaded Chicken Dinner Roll California Blend Veggies Variety of Fresh Fruit MILK 1% Lowfat	Oct - 9 Spaghetti Garlic Breadstick Pear Cup Fresh Baby Carrots MILK 1% Lowfat	Oct - 10 PopCorn Chicken w/Roll Homestyle Baked Beans Orange Smiles MILK 1% Lowfat	Oct - 11 Stuffed Cheese Pizza Mixed Vegetables Peach Cup MILK 1% Lowfat
Oct - 14 NO SCHOOL TODAY	Oct - 15 Grilled Cheese Sandwich Hashbrown Rounds Orange Smiles MILK 1% Lowfat	Oct - 16 PBJ Jamwich & Muffin Colby Jack Cheese Stick Cucumbers & Dip (PS) Peach Cup MILK 1% Lowfat	Oct - 17 Mini Ravioli's/Meat Sauc Corn on the Cob Banana, Raw MILK 1% Lowfat	Oct - 18 Cheesy French Brd Pizza Homestyle Baked Beans Pear Cup MILK 1% Lowfat
Oct - 21 Turkey & Cheese Mini Mixed Vegetables Variety of Fruit Cups MILK 1% Lowfat	Oct - 22 Taco Nachos Refried Bean w/Chs Orange Smiles MILK 1% Lowfat	Oct - 23 Corn Dog Mini's Sweet Yellow Corn Banana, Raw MILK 1% Lowfat	Oct - 24 Chic Chic Fillet/Roll Cucumbers & Dip (PS) Variety of Fruit Cups MILK 1% Lowfat	Oct - 25 Stuffed Cheese Pizza Buddy Fruit Pouch Fresh Baby Carrots MILK 1% Lowfat
Oct - 28 Ham/Cheese Croissant Broccoli in Cheese Sauce Mixed Fruit Cup MILK 1% Lowfat	Oct - 29 Breaded Chicken Dinner Roll California Blend Veggies Variety of Fresh Fruit MILK 1% Lowfat	Oct - 30 Spaghetti Garlic Breadstick Pear Cup Fresh Baby Carrots MILK 1% Lowfat	Oct - 31 PopCorn Chicken w/Roll Homestyle Baked Beans Orange Smiles MILK 1% Lowfat	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.