

Okeechobee County Schools

Pre-K Lunch

Oct 4, 2022

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
	Nov - 1 Cheeseburger Cucumbers & Dip (PS) Ranch Dressing Variety of Fruit Cups MILK 1% Lowfat	Nov - 2 Spaghetti Garlic Breadstick Green Beans Variety of Fresh Fruit MILK 1% Lowfat	Nov - 3 Grilled Cheese Sandwich Mixed Vegetables Variety of Fruit Cups MILK 1% Lowfat	Nov - 4 Pepperoni Bread Homestyle Baked Beans Variety of Fruit Cups MILK 1% Lowfat
Nov - 7 Chicken Drum/Bread Broccoli in Cheese Sauce Variety of Fruit Cups MILK 1% Lowfat	Nov - 8 Turkey & Cheese Sub Corn on the Cob Variety of Fresh Fruit MILK 1% Lowfat	Nov - 9 Ham/Chs on Hawaiian Bun Cucumbers & Dip (PS) Variety of Fruit Cups MILK 1% Lowfat	Nov - 10 Chicken Patty Sandwich Oven Fries Variety of Fruit Cups MILK 1% Lowfat	Nov - 11 Stuffed Cheese Pizza Applesauce Cup Fresh Baby Carrots MILK 1% Lowfat
Nov - 14 Ham/Cheese Croissant Oven Fries Variety of Fruit Cups MILK 1% Lowfat	Nov - 15 Turkey & Cheese Sub Corn on the Cob Variety of Fresh Fruit MILK 1% Lowfat	Nov - 16 Chicken Alfredo Dinner Roll Warm Tangy Carrots Pear Cup MILK 1% Lowfat	Nov - 17 BBQ Pork Sandwich Tater Tots Orange Smiles MILK 1% Lowfat	Nov - 18 EARLY RELEASE DAY Peanut Butter & Jelly Mozzarella Cheese Stick Variety of Fruit Cups Fresh Baby Carrots MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY	Nov - 24 HOLIDAY	Nov - 25 NO SCHOOL TODAY
Nov - 28 Chicken Drum/Bread Broccoli in Cheese Sauce Variety of Fruit Cups MILK 1% Lowfat	Nov - 29 Turkey & Cheese Sub Corn on the Cob Variety of Fresh Fruit MILK 1% Lowfat	Nov - 30 Ham/Chs on Hawaiian Bun Cucumbers & Dip (PS) Variety of Fruit Cups MILK 1% Lowfat		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.