

# Okeechobee County Schools

## Snack (ASSP)

Oct 4, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
	Nov - 1 Variety of Fruit Cheez-It Crackers Water, Zephyrhills 8 oz.	Nov - 2 Banana, Raw Blueberry Muffins Water, Zephyrhills 8 oz.	Nov - 3 Graham Bears Peanut Butter Cup Water, Zephyrhills 8 oz.	Nov - 4 Applesauce Cup Rice Krispie Treat Water, Zephyrhills 8 oz.
Nov - 7 Variety of Fruit Cheddar Goldfish Water, Zephyrhills 8 oz.	Nov - 8 Applesauce Cup Cinnamon Roll Water, Zephyrhills 8 oz.	Nov - 9 Watermelon Craisins Pretzel, Goldfish Shaped Water, Zephyrhills 8 oz.	Nov - 10 Graham Bears Peanut Butter Cup Water, Zephyrhills 8 oz.	Nov - 11 Apple, Raw Cool Ranch Doritos Water, Zephyrhills 8 oz.
Nov - 14 Variety of Fruit Donut Cluster Water, Zephyrhills 8 oz.	Nov - 15 Variety of Fruit Cheez-It Crackers Water, Zephyrhills 8 oz.	Nov - 16 Banana, Raw Blueberry Muffins Water, Zephyrhills 8 oz.	Nov - 17 Graham Bears Peanut Butter Cup Water, Zephyrhills 8 oz.	Nov - 18 Applesauce Cup Rice Krispie Treat Water, Zephyrhills 8 oz.
Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY	Nov - 24 HOLIDAY	Nov - 25 NO SCHOOL TODAY
Nov - 28 Variety of Fruit Donut Cluster Water, Zephyrhills 8 oz.	Nov - 29 Variety of Fruit Cheez-It Crackers Water, Zephyrhills 8 oz.	Nov - 30 Banana, Raw Blueberry Muffins Water, Zephyrhills 8 oz.		

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.