

# Okeechobee County Schools

## Pre-K Breakfast

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Oct 31, 2019

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|---|---|--|---|---|
|   |   |  |   | Nov - 1<br><br>Cheerio's & Cheese Stick<br>Variety of Fruit Cups<br>MILK 1% Lowfat  |
| Nov - 4<br><br>Biscuit Stick (PK)<br>Peach Cup<br>Variety of Fruit Juice<br>MILK 1% Lowfat  | Nov - 5<br><br>Sausage/Chs Brkfst Pizza<br>Orange Smiles<br>MILK 1% Lowfat  | Nov - 6<br><br>Chicken Chunks & Biscuit<br>Variety of Fruit Juice<br>MILK 1% Lowfat  | Nov - 7<br><br>Cinnamon Toast Crunch Bar<br>Banana, Raw<br>MILK 1% Lowfat                     | Nov - 8<br><br>Cheerio's & Cheese Stick<br>Variety of Fruit Cups<br>MILK 1% Lowfat  |
| Nov - 11<br><br>Strawberry Mini Pancakes<br>Variety of Fruit Cups<br>MILK 1% Lowfat         | Nov - 12<br><br>Chick Chick Nug & Toast<br>Apple Slices<br>MILK 1% Lowfat   | Nov - 13<br><br>Egg/Bacon/Chs on Biscuit<br>Variety of Fruit Juice<br>MILK 1% Lowfat | Nov - 14<br><br>French Toast with<br>Sausage Link<br>Variety of Fruit Juice<br>MILK 1% Lowfat | Nov - 15<br><br>Cheerio's & Cheese Stick<br>Variety of Fruit Cups<br>MILK 1% Lowfat |
| Nov - 18<br><br>Biscuit Stick (PK)<br>Peach Cup<br>Variety of Fruit Juice<br>MILK 1% Lowfat | Nov - 19<br><br>Sausage/Chs Brkfst Pizza<br>Orange Smiles<br>MILK 1% Lowfat | Nov - 20<br><br>Chicken Chunks & Biscuit<br>Variety of Fruit Juice<br>MILK 1% Lowfat | Nov - 21<br><br>Cinnamon Toast Crunch Bar<br>Banana, Raw<br>MILK 1% Lowfat                    | Nov - 22<br><br>Cheerio's & Cheese Stick<br>Variety of Fruit Cups<br>MILK 1% Lowfat |
| Nov - 25<br><br>NO SCHOOL TODAY   | Nov - 26<br><br>NO SCHOOL TODAY   | Nov - 27<br><br>NO SCHOOL TODAY  | Nov - 28<br><br>HOLIDAY   | Nov - 29<br><br>NO SCHOOL TODAY   |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.