

# Okeechobee County Schools

## Pre-K Breakfast

May 8, 2023

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| Monday  | Tuesday  | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|
| May - 1<br>Grilled Cheese Sandwich<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat       | May - 2<br>Sausage Biscuit<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat      | May - 3<br>Egg Patty w/Chs on Croissant<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat  | May - 4<br>Waffle Mini's<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat                       | May - 5<br>Chicken Poppers/Brdstick<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat  |
| May - 8<br>Pepperoni Bread<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat               | May - 9<br>French Toast Sticks<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat  | May - 10<br>Chicken Poppers/Brdstick<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat     | May - 11<br>Mini Pancakes/Sausage<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat              | May - 12<br>Cheese Breadstick<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat        |
| May - 15<br>Egg Patty w/Chs on Croissant<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat | May - 16<br>Biscuit w/Chs Slice<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat | May - 17<br>Mini Pancakes/Sausage<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat        | May - 18<br>French Toast with<br>Sausage Patty<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat | May - 19<br>Chicken Poppers/Brdstick<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat |
| May - 22<br>Grilled Cheese Sandwich<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat      | May - 23<br>Sausage Biscuit<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat     | May - 24<br>Egg Patty w/Chs on Croissant<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat | May - 25<br>Waffle Mini's<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat                      | May - 26<br>Chicken Poppers/Brdstick<br>Variety of Fresh Fruit<br>Variety of Fruit Cups<br>MILK 1% Lowfat |
| May - 29<br>HOLIDAY   | May - 30<br>NO SCHOOL TODAY  | May - 31  |   |   |

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.