Okeechobee County Schools

Page 1 Pre-K Lunch Jan 6, 2020

	FIE-N LUIICII		Jan 0, 202
Tuesday	Wednesday	Thursday	Friday
Jan - 7	Jan - 8	Jan - 9	Jan - 10
Grilled Cheese Sandwich Hashbrown Rounds Orange Smiles MILK 1% Lowfat	PBJ Jamwich & Muffin Colby Jack Cheese Stick Cucumbers & Dip (PS) Peach Cup MILK 1% Lowfat	Mini Ravioli's/Meat Sauc Corn on the Cob Banana, Raw MILK 1% Lowfat	Cheesy French Brd Pizza Homestyle Baked Beans Pear Cup MILK 1% Lowfat
Jan - 14	Jan - 15	Jan - 16	Jan - 17
Taco Nachos Refried Bean w/Chs Orange Smiles MILK 1% Lowfat	Corn Dog Mini's Sweet Yellow Corn Banana, Raw MILK 1% Lowfat	Chic Chic Fillet/Roll Cucumbers & Dip (PS) Variety of Fruit Cups MILK 1% Lowfat	Stuffed Cheese Pizza Buddy Fruit Pouch Fresh Baby Carrots MILK 1% Lowfat
Jan - 21	Jan - 22	Jan - 23	Jan - 24
Breaded Chicken Dinner Roll California Blend Veggies Variety of Fresh Fruit MILK 1% Lowfat	Spaghetti Garlic Breadstick Pear Cup Fresh Baby Carrots MILK 1% Lowfat	PopCorn Chicken w/Roll Homestyle Baked Beans Orange Smiles MILK 1% Lowfat	Stuffed Cheese Pizza Mixed Vegetables Peach Cup MILK 1% Lowfat
Jan - 28	Jan - 29	Jan - 30	Jan - 31
Grilled Cheese Sandwich Hashbrown Rounds Orange Smiles MILK 1% Lowfat	PBJ Jamwich & Muffin Colby Jack Cheese Stick Cucumbers & Dip (PS) Peach Cup MILK 1% Lowfat	Mini Ravioli's/Meat Sauc Corn on the Cob Banana, Raw MILK 1% Lowfat	Cheesy French Brd Pizza Homestyle Baked Beans Pear Cup MILK 1% Lowfat
	Jan - 7 Grilled Cheese Sandwich Hashbrown Rounds Orange Smiles MILK 1% Lowfat Jan - 14 Taco Nachos Refried Bean w/Chs Orange Smiles MILK 1% Lowfat Jan - 21 Breaded Chicken Dinner Roll California Blend Veggies Variety of Fresh Fruit MILK 1% Lowfat Jan - 28 Grilled Cheese Sandwich Hashbrown Rounds Orange Smiles	Tuesday Jan - 7 Grilled Cheese Sandwich Hashbrown Rounds Orange Smiles MILK 1% Lowfat Jan - 14 Taco Nachos Refried Bean w/Chs Orange Smiles MILK 1% Lowfat Jan - 21 Breaded Chicken Dinner Roll California Blend Veggies Variety of Fresh Fruit MILK 1% Lowfat Jan - 28 Grilled Cheese Sandwich Hashbrown Rounds Orange Smiles MILK 1% Lowfat Dinner Roll California Blend Veggies Variety of Fresh Fruit MILK 1% Lowfat Jan - 29 Grilled Cheese Sandwich Hashbrown Rounds Orange Smiles MILK 1% Lowfat PBJ Jamwich & Muffin Colby Jack Cheese Stick Cucumbers & Dip (PS) Peach Cup PBJ Jamwich & Muffin Colby Jack Cheese Stick Cucumbers & Dip (PS) Peach Cup	Tuesday Jan - 7 Grilled Cheese Sandwich Hashbrown Rounds Orange Smiles MILK 1% Lowfat Jan - 14 Taco Nachos Refried Bean w/Chs Orange Smiles MILK 1% Lowfat Jan - 21 Breaded Chicken Dinner Roll California Blend Veggies Variety of Fresh Fruit MILK 1% Lowfat Jan - 28 Grilled Cheese Sandwich Hashbrown Rounds Colby Jack Cheese Stick Corn on the Cob Banana, Raw MILK 1% Lowfat Mini Ravioli's/Meat Sauc Corn on the Cob Banana, Raw MILK 1% Lowfat MILK 1% Lowfat Jan - 16 Chic Chic Fillet/Roll Cheese Sandwich Homestyle Baked Beans Orange Smiles MILK 1% Lowfat PopCorn Chicken w/Roll Homestyle Baked Beans Orange Smiles MILK 1% Lowfat Mini Ravioli's/Meat Sauc Corn on the Cob Banana, Raw Mini Ravioli's/Meat Sauc Corn on the Cob Banana, Raw Mini Ravioli's/Meat Sauc Corn on the Cob Banana, Raw Milk 1% Lowfat MILK 1% Lowfat Mini Ravioli's/Meat Sauc Corn on the Cob Banana, Raw Milk 1% Lowfat Milk 1% Lowfat

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.