

Okeechobee County Schools

Pre-K Breakfast

Sep 30, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1 Chick Chick Nug & Toast Apple Slices MILK 1% Lowfat	Oct - 2 Egg/Bacon/Chs on Biscuit Variety of Fruit Juice MILK 1% Lowfat	Oct - 3 French Toast with Sausage Link Variety of Fruit Juice MILK 1% Lowfat	Oct - 4 Cheerio's & Cheese Stick Variety of Fruit Cups MILK 1% Lowfat
Oct - 7 Biscuit Stick (PK) Peach Cup Variety of Fruit Juice MILK 1% Lowfat	Oct - 8 Sausage/Chs Brkfst Pizza Orange Smiles MILK 1% Lowfat	Oct - 9 Chicken Chunks & Biscuit Variety of Fruit Juice MILK 1% Lowfat	Oct - 10 Cinnamon Toast Crunch Bar Banana, Raw MILK 1% Lowfat	Oct - 11 Cheerio's & Cheese Stick Variety of Fruit Cups MILK 1% Lowfat
Oct - 14 NO SCHOOL TODAY	Oct - 15 Chick Chick Nug & Toast Apple Slices MILK 1% Lowfat	Oct - 16 Egg/Bacon/Chs on Biscuit Variety of Fruit Juice MILK 1% Lowfat	Oct - 17 French Toast with Sausage Link Variety of Fruit Juice MILK 1% Lowfat	Oct - 18 Cheerio's & Cheese Stick Variety of Fruit Cups MILK 1% Lowfat
Oct - 21 Biscuit Stick (PK) Peach Cup Variety of Fruit Juice MILK 1% Lowfat	Oct - 22 Sausage/Chs Brkfst Pizza Orange Smiles MILK 1% Lowfat	Oct - 23 Chicken Chunks & Biscuit Variety of Fruit Juice MILK 1% Lowfat	Oct - 24 Cinnamon Toast Crunch Bar Banana, Raw MILK 1% Lowfat	Oct - 25 Cheerio's & Cheese Stick Variety of Fruit Cups MILK 1% Lowfat
Oct - 28 Strawberry Mini Pancakes Variety of Fruit Cups MILK 1% Lowfat	Oct - 29 Chick Chick Nug & Toast Apple Slices MILK 1% Lowfat	Oct - 30 Egg/Bacon/Chs on Biscuit Variety of Fruit Juice MILK 1% Lowfat	Oct - 31 French Toast with Sausage Link Variety of Fruit Juice MILK 1% Lowfat	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.