Okeechobee County Schools

Page 1 Middle School Breakfast Apr 8, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1	Apr - 2	Apr - 3	Apr - 4	Apr - 5
Ham/Cheese Croissant	Chix Patty w/Dutch Waffl	Egg/Bacon on Biscuit	French Toast with	Pork Sausage Biscuit
Strawberry Mini Pancakes	Yogurt Cup/Cinnamon Roll	Pop Tart w/ Cheese Stick	Sausage Links	Pop Tart w/ Cheese Stick
Cereal & Muffin Variety(ES,MS	Cereal & Muffin Variety(ES,MS	Cereal & Muffin Variety(ES,MS	PBJ Graham Waffer Sandwi	Cereal & Muffin Variety(ES,MS
Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Cereal & Muffin Variety(ES,MS	Variety of Fresh Fruit
Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fresh Fruit	Variety of Fruit Cups
Variety of Fruit Cups Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Gups Variety of Fruit Juice	Variety of Fruit Cups	Variety of Fruit Gups Variety of Fruit Juice
MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	Variety of Fruit Juice	MILK 1% Lowfat
Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	MILK 1% Lowfat	Chocolate Milk Fat Free
Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free
Chocolate Milk Fat Free	Chocolate Wilk Fat Free	Chocolate Wilk Fat Free	Chocolate Milk Fat Free	Chocolate Wilk Fat Free
			Chocolate Milk Fat Free	
Apr - 8	Apr - 9	Apr - 10	Apr - 11	Apr - 12
Breakfast Burrito	Sausage/Chs Brkfst Pizza	Chicken & Biscuit	Cheese Max Sticks w/Marinara	French Toast with
Donut Ring	Yogurt Cup/Cinnamon Roll	Strawberry Bar/Chs Stick	Pop Tart w/ Cheese Stick	Sausage Links
Cereal & Muffin Variety(ES,MS	Cereal & Muffin Variety(ES,MS	Cereal & Muffin Variety(ES,MS	Cereal & Muffin Variety(ES,MS	Cinnamon Rolls
Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Cereal & Muffin Variety(ES,MS
Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fresh Fruit
Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Cups
MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	Variety of Fruit Juice
Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	MILK 1% Lowfat
Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free
Onosolate Wilk Fat Free	Chiconate minit have rec	Chiconate minit hat hee		Chocolate Milk Fat Free
				Checolate Mint Lat 1100
Apr - 15	Apr - 16	Apr - 17	Apr - 18	Apr - 19
Ham/Cheese Croissant	Chix Patty w/Dutch Waffl	Egg/Bacon on Biscuit	French Toast with	
Strawberry Mini Pancakes	Yogurt Cup/Cinnamon Roll	Pop Tart w/ Cheese Stick	Sausage Links	
Cereal & Muffin Variety(ES,MS	Cereal & Muffin Variety(ES,MS	Cereal & Muffin Variety(ES,MS	PBJ Graham Waffer Sandwi	
/ariety of Fresh Fruit	Variety of Fresh Fruit	Variety of Fresh Fruit	Cereal & Muffin Variety(ES,MS	
Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fruit Cups	Variety of Fresh Fruit	
Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Juice	Variety of Fruit Cups	
MILK 1% Lowfat	MILK 1% Lowfat	MILK 1% Lowfat	Variety of Fruit Juice	
Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	MILK 1% Lowfat	
Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	Chocolate Milk Fat Free	
STOCOLOGO WIIIN I GUI 100	Chicolate Will Lat 1100	Chicolate Will Lat 1100	Chocolate Milk Fat Free	
			Chooside wilk rat rec	

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.

Okeechobee County Schools

Page 2 Middle School Breakfast Apr 8, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 22	Apr - 23	Apr - 24	Apr - 25	Apr - 26
Breakfast Burrito Donut Ring Cereal & Muffin Variety(ES,MS Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Sausage/Chs Brkfst Pizza Yogurt Cup/Cinnamon Roll Cereal & Muffin Variety(ES,MS Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Chicken & Biscuit Strawberry Bar/Chs Stick Cereal & Muffin Variety(ES,MS Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Cheese Max Sticks w/Marinara Pop Tart w/ Cheese Stick Cereal & Muffin Variety(ES,MS Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	French Toast with Sausage Links Cinnamon Rolls Cereal & Muffin Variety(ES,MS Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
Apr - 29 Ham/Cheese Croissant Strawberry Mini Pancakes Cereal & Muffin Variety(ES,MS Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	Apr - 30 Chix Patty w/Dutch Waffl Yogurt Cup/Cinnamon Roll Cereal & Muffin Variety(ES,MS Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free			

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