

Okeechobee County Schools

High School Lunch

May 8, 2023

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Monday	Tuesday	Wednesday	Thursday	Friday
May - 1 Corn Dog Ham/Cheese Croissant Pepperoni Bread Nacho Bar Spicy Chicken Sandwich Oven Fries Green Beans Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 2 Taco Nachos PBJ Twin Pack Egg Salad Sandwich Chicken Poppers/Brdstick Nacho Bar Refried Bean w/Chs Tossed Salad Cup Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 3 Chicken Alfredo Dinner Roll Yogurt Cup/Fruit Plate Ham/Cheese Croissant Spicy Chicken Sandwich Nacho Bar Warm Tangy Carrots Cucumbers & Grape Tomatoes Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 4 Beef Hot Pie BBQ Pork Sandwich Pepperoni Pizza BigDaddy Nacho Bar Yogurt Cup/Fruit Plate Tater Tots Green Beans Fresh Baby Carrots Variety of Fruit Cups Variety of Fresh Fruit Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 5 Fiestada Pizza Stuffed Pepperoni Pizza Mac & Cheese W/Roll Chicken Patty Sandwich Chicken Bacon Ranch Wrap Nacho Bar Homestyle Baked Beans Fresh Baby Carrots Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
May - 8 Chicken Nuggets w/Roll PBJ Twin Pack Nacho Bar Big Daddy Cheese Pizza Oven Fries Red & Green Peppers/Dip Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 9 Beef & Bean Burrito Cheeseburger Chef Salad Chicken Drum/Bread Nacho Bar Tossed Salad Cup Cucumbers,Tomatoes/Dip Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 10 Spaghetti Garlic Breadstick Yogurt Cup/Fruit Plate Spicy Chicken Sandwich Green Beans Pepperoni Pizza BigDaddy Red/Green Pepper Strips Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 11 Chicken Breaded Breast w/Roll Chef Salad Ham/Cheese Croissant Chicken Poppers/Brdstick Nacho Bar Mixed Vegetables Fresh Vegetables Variety Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 12 Pepperoni Bread PBJ Twin Pack Spicy Chicken Sandwich Nacho Bar Homestyle Baked Beans Fresh Baby Carrots Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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May - 15 Chicken Drum/Bread Yogurt Cup/Fruit Plate BBQ Pork Sandwich Pepperoni Pinwheel Broccoli in Cheese Sauce Sub Sandwich Bar Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 16 Cheeseburger Chicken Nuggets w/Roll Chicken Bacon Ranch Wrap Sub Sandwich Bar Corn on the Cob Broccoli Florets/Tomatoes/Dip Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 17 Shepherd's Pie Dinner Roll All Beef Hotdog Grilled Cheese Sandwich Spicy Chicken Sandwich Sub Sandwich Bar Green Beans Red/Green Pepper Strips Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 18 Chicken Patty Sandwich Ham & Cheese Melt Beef & Bean Burrito Sub Sandwich Bar Oven Fries Fresh Baby Carrots Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 19 Stuffed Pepperoni Pizza Cheeseburger Chicken Nuggets w/Roll Sub Sandwich Bar Homestyle Baked Beans Sweet Yellow Corn Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
May - 22 Corn Dog Ham/Cheese Croissant Pepperoni Bread Nacho Bar Spicy Chicken Sandwich Oven Fries Green Beans Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 23 Taco Nachos PBJ Twin Pack Egg Salad Sandwich Chicken Poppers/Brdstick Nacho Bar Refried Bean w/Chs Tossed Salad Cup Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 24 Chicken Alfredo Dinner Roll Yogurt Cup/Fruit Plate Ham/Cheese Croissant Spicy Chicken Sandwich Nacho Bar Warm Tangy Carrots Cucumbers & Grape Tomatoes Variety of Fresh Fruit Variety of Fruit Cups Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 25 Beef Hot Pie BBQ Pork Sandwich Pepperoni Pizza BigDaddy Nacho Bar Yogurt Cup/Fruit Plate Tater Tots Green Beans Fresh Baby Carrots Variety of Fruit Cups Variety of Fresh Fruit Variety of Fruit Juice MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free	May - 26 EARLY RELEASE DAY PBJ Twin Pack 100% Fruit Juice Blend Variety of Fruit Cups Fresh Baby Carrots MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
May - 29 HOLIDAY	May - 30 NO SCHOOL TODAY	May - 31		

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