

Okeechobee County Schools

Pre-K Breakfast

Oct 2, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Strawberry Mini Pancakes Variety of Fruit Juice MILK 1% Lowfat	Oct - 2 Cheerio's & Cheese Stick Banana, Raw MILK 1% Lowfat	Oct - 3 Cheese Max Stick Variety of Fruit Juice MILK 1% Lowfat	Oct - 4 French Toast with Sausage Link Variety of Fruit Cups MILK 1% Lowfat	Oct - 5 Bacon/Omelet onCroissant Variety of Fruit Cups MILK 1% Lowfat
Oct - 8 Breakfast Burrito Variety of Fruit Juice MILK 1% Lowfat	Oct - 9 Sausage/Chs Brkfst Pizza Banana, Raw MILK 1% Lowfat	Oct - 10 Cheerio's & Cheese Stick Buddy Fruit Pouch MILK 1% Lowfat	Oct - 11 Chicken Nuggets & Toast Variety of Fruit Cups MILK 1% Lowfat	Oct - 12 Pork Sausage Biscuit Variety of Fruit Juice MILK 1% Lowfat
Oct - 15 Teacher Planning Day	Oct - 16 Cheerio's & Cheese Stick Banana, Raw MILK 1% Lowfat	Oct - 17 Cheese Max Stick Variety of Fruit Juice MILK 1% Lowfat	Oct - 18 French Toast with Sausage Link Variety of Fruit Cups MILK 1% Lowfat	Oct - 19 Bacon/Omelet onCroissant Variety of Fruit Cups MILK 1% Lowfat
Oct - 22 Breakfast Burrito Variety of Fruit Juice MILK 1% Lowfat	Oct - 23 Sausage/Chs Brkfst Pizza Banana, Raw MILK 1% Lowfat	Oct - 24 Cheerio's & Cheese Stick Buddy Fruit Pouch MILK 1% Lowfat	Oct - 25 Chicken Nuggets & Toast Variety of Fruit Cups MILK 1% Lowfat	Oct - 26 Pork Sausage Biscuit Variety of Fruit Juice MILK 1% Lowfat
Oct - 29 Strawberry Mini Pancakes Variety of Fruit Juice MILK 1% Lowfat	Oct - 30 Cheerio's & Cheese Stick Banana, Raw MILK 1% Lowfat	Oct - 31 Cheese Max Stick Variety of Fruit Juice MILK 1% Lowfat		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.