

Okeechobee County Schools

Pre-K Lunch

Jan 7, 2019

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 7	Jan - 1 Jan - 8 Chic Chic Fillet/Roll Garlic Breadstick Mixed Vegetables Orange Smiles MILK 1% Lowfat	Jan - 2 Jan - 9 PBJ Jamwich Colby Jack Cheese Stick Cucumbers w/Ranch Dressing Peach Cup MILK 1% Lowfat	Jan - 3 Jan - 10 Turkey & Cheese Mini Oven Fries Banana, Raw MILK 1% Lowfat	Jan - 4 Jan - 11 Stuffed Cheese Pizza Homestyle Baked Beans Pear Cup MILK 1% Lowfat
Jan - 14 BBQ Chicken Mixed Vegetables Variety of Fruit Cups MILK 1% Lowfat	Jan - 15 Taco Nachos Refried Bean w/Chs Orange Smiles MILK 1% Lowfat	Jan - 16 Chic Chic Fillet/Roll Sweet Yellow Corn Banana, Raw MILK 1% Lowfat	Jan - 17 BBQ Pork on Garlic Bread Cucumbers & Dip (PS) Variety of Fruit Cups MILK 1% Lowfat	Jan - 18 Stuffed Cheese Pizza Buddy Fruit Pouch Fresh Baby Carrots MILK 1% Lowfat
Jan - 21	Jan - 22 Cheeseburger Country Wedge Potatoes Variety of Fresh Fruit MILK 1% Lowfat	Jan - 23 Beefaroni Dinner Roll Pear Cup Fresh Baby Carrots MILK 1% Lowfat	Jan - 24 PopCorn Chicken w/Roll Roasted Squash/Zucchini Orange Smiles MILK 1% Lowfat	Jan - 25 Stuffed Cheese Pizza Mixed Vegetables Peach Cup MILK 1% Lowfat
Jan - 28 Lasagna Rollup/Garlic Br Toasted Garlic Bread Buddy Fruit Pouch Fresh Baby Carrots MILK 1% Lowfat	Jan - 29 Chic Chic Fillet/Roll Garlic Breadstick Mixed Vegetables Orange Smiles MILK 1% Lowfat	Jan - 30 PBJ Jamwich Colby Jack Cheese Stick Cucumbers w/Ranch Dressing Peach Cup MILK 1% Lowfat	Jan - 31 Turkey & Cheese Mini Oven Fries Banana, Raw MILK 1% Lowfat	

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.