

# Okeechobee County Schools

## Pre-K Lunch

Oct 30, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 PopCorn Chicken w/Roll Roasted Squash/Zucchini Orange Smiles MILK 1% Lowfat	Nov - 2 Stuffed Cheese Pizza Mixed Vegetables Peach Cup MILK 1% Lowfat
Nov - 5 Cheesy Meatloaf Stacker Buddy Fruit Pouch Fresh Baby Carrots MILK 1% Lowfat	Nov - 6 Chic Chic Fillet/Roll Mixed Vegetables Orange Smiles MILK 1% Lowfat	Nov - 7 PBJ Jamwich Colby Jack Cheese Stick Cucumbers w/Ranch Dressing Peach Cup MILK 1% Lowfat	Nov - 8 Turkey & Cheese Mini Oven Fries Banana, Raw MILK 1% Lowfat	Nov - 9 Stuffed Cheese Pizza Homestyle Baked Beans Pear Cup MILK 1% Lowfat
Nov - 12 Homemade Mac & Cheese Dinner Roll Mixed Vegetables Variety of Fruit Cups MILK 1% Lowfat	Nov - 13 Taco Nachos Refried Bean w/Chs Orange Smiles MILK 1% Lowfat	Nov - 14 Chic Chic Fillet/Roll Dinner Roll Sweet Yellow Corn Banana, Raw MILK 1% Lowfat	Nov - 15 BBQ Pork on Garlic Bread Cucumbers & Dip (PS) Variety of Fruit Cups MILK 1% Lowfat	Nov - 16 EARLY RELEASE DAY PBJ Jamwich Mozzarella Cheese Stick 100% Fruit Juice Blend Variety of Fruit Cups MILK 1% Lowfat Chocolate Milk Fat Free Chocolate Milk Fat Free
Nov - 19 NO SCHOOL TODAY	Nov - 20 NO SCHOOL TODAY	Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY
Nov - 26 Lasagna Rollup Toasted Garlic Bread Buddy Fruit Pouch Fresh Baby Carrots MILK 1% Lowfat	Nov - 27 Chic Chic Fillet/Roll Mixed Vegetables Orange Smiles MILK 1% Lowfat	Nov - 28 PBJ Jamwich Colby Jack Cheese Stick Cucumbers w/Ranch Dressing Peach Cup MILK 1% Lowfat	Nov - 29 Turkey & Cheese Mini Oven Fries Banana, Raw MILK 1% Lowfat	Nov - 30 Stuffed Cheese Pizza Homestyle Baked Beans Pear Cup MILK 1% Lowfat

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.