

# Okeechobee County Schools

## Pre-K Breakfast

Oct 30, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 French Toast with Sausage Link Variety of Fruit Cups MILK 1% Lowfat	Nov - 2 Bacon/Omelet on Croissant Variety of Fruit Cups MILK 1% Lowfat
Nov - 5 Breakfast Burrito Variety of Fruit Juice MILK 1% Lowfat	Nov - 6 Sausage/Chs Brkfst Pizza Banana, Raw MILK 1% Lowfat	Nov - 7 Cheerio's & Cheese Stick Buddy Fruit Pouch MILK 1% Lowfat	Nov - 8 Chicken Nuggets & Toast Variety of Fruit Cups MILK 1% Lowfat	Nov - 9 Pork Sausage Biscuit Variety of Fruit Juice MILK 1% Lowfat
Nov - 12 Strawberry Mini Pancakes Variety of Fruit Juice MILK 1% Lowfat	Nov - 13 Cheerio's & Cheese Stick Banana, Raw MILK 1% Lowfat	Nov - 14 Cheese Max Stick Variety of Fruit Juice MILK 1% Lowfat	Nov - 15 French Toast with Sausage Link Variety of Fruit Cups MILK 1% Lowfat	Nov - 16 Bacon/Omelet on Croissant Variety of Fruit Cups MILK 1% Lowfat
Nov - 19 NO SCHOOL TODAY	Nov - 20 NO SCHOOL TODAY	Nov - 21 NO SCHOOL TODAY	Nov - 22 NO SCHOOL TODAY	Nov - 23 NO SCHOOL TODAY
Nov - 26 Strawberry Mini Pancakes Variety of Fruit Juice MILK 1% Lowfat	Nov - 27 Cheerio's & Cheese Stick Banana, Raw MILK 1% Lowfat	Nov - 28 Cheese Max Stick Variety of Fruit Juice MILK 1% Lowfat	Nov - 29 French Toast with Sausage Link Variety of Fruit Cups MILK 1% Lowfat	Nov - 30 Bacon/Omelet on Croissant Variety of Fruit Cups MILK 1% Lowfat

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.