

Okeechobee County Schools

Pre-K Lunch

Oct 2, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Homemade Mac & Cheese Dinner Roll Mixed Vegetables Variety of Fruit Cups MILK 1% Lowfat	Oct - 2 Taco Nachos Refried Bean w/Chs Orange Smiles MILK 1% Lowfat	Oct - 3 Chic Chic Fillet Dinner Roll Sweet Yellow Corn Banana, Raw MILK 1% Lowfat	Oct - 4 BBQ Pork on Garlic Bread Cucumbers & Dip (PS) Variety of Fruit Cups MILK 1% Lowfat	Oct - 5 Stuffed Cheese Pizza Buddy Fruit Pouch Fresh Baby Carrots MILK 1% Lowfat
Oct - 8 Ham/Cheese Croissant Homestyle Baked Beans Mixed Fruit Cup MILK 1% Lowfat	Oct - 9 Cheeseburger Country Wedge Potatoes Variety of Fresh Fruit MILK 1% Lowfat	Oct - 10 Beefaroni Dinner Roll Pear Cup Fresh Baby Carrots MILK 1% Lowfat	Oct - 11 PopCorn Chicken w/Roll Roasted Squash/Zucchini Orange Smiles MILK 1% Lowfat	Oct - 12 Stuffed Cheese Pizza Mixed Vegetables Peach Cup MILK 1% Lowfat
Oct - 15 Teacher Planning Day	Oct - 16 Chic Chic Fillet Garlic Breadstick Mixed Vegetables Orange Smiles MILK 1% Lowfat	Oct - 17 PBJ Jamwich Colby Jack Cheese Stick Cucumbers w/Ranch Dressing Peach Cup MILK 1% Lowfat	Oct - 18 Turkey & Cheese Mini Oven Fries Banana, Raw MILK 1% Lowfat	Oct - 19 Stuffed Cheese Pizza Homestyle Baked Beans Pear Cup MILK 1% Lowfat
Oct - 22 Homemade Mac & Cheese Dinner Roll Mixed Vegetables Variety of Fruit Cups MILK 1% Lowfat	Oct - 23 Taco Nachos Refried Bean w/Chs Orange Smiles MILK 1% Lowfat	Oct - 24 Chic Chic Fillet Dinner Roll Sweet Yellow Corn Banana, Raw MILK 1% Lowfat	Oct - 25 BBQ Pork on Garlic Bread Cucumbers & Dip (PS) Variety of Fruit Cups MILK 1% Lowfat	Oct - 26 Stuffed Cheese Pizza Buddy Fruit Pouch Fresh Baby Carrots MILK 1% Lowfat
Oct - 29 Ham/Cheese Croissant Homestyle Baked Beans Mixed Fruit Cup MILK 1% Lowfat	Oct - 30 Cheeseburger Country Wedge Potatoes Variety of Fresh Fruit MILK 1% Lowfat	Oct - 31 Beefaroni Dinner Roll Pear Cup Fresh Baby Carrots MILK 1% Lowfat		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.