

# Okeechobee County Schools

## Pre-K Breakfast

Jan 7, 2019

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 7	Jan - 1 Jan - 8  Cheerio's & Cheese Stick Banana, Raw MILK 1% Lowfat	Jan - 2 Jan - 9  Cheese Max Stick Variety of Fruit Juice MILK 1% Lowfat	Jan - 3 Jan - 10  French Toast with Sausage Link Variety of Fruit Cups MILK 1% Lowfat	Jan - 4 Jan - 11  Bacon/Omelet on Croissant Variety of Fruit Cups MILK 1% Lowfat
Jan - 14  Breakfast Burrito Variety of Fruit Juice MILK 1% Lowfat	Jan - 15  Sausage/Chs Brkfst Pizza Banana, Raw MILK 1% Lowfat	Jan - 16  Cheerio's & Cheese Stick Buddy Fruit Pouch MILK 1% Lowfat	Jan - 17  Chicken Nuggets & Toast Variety of Fruit Cups MILK 1% Lowfat	Jan - 18  Pork Sausage Biscuit Variety of Fruit Juice MILK 1% Lowfat
Jan - 21	Jan - 22  Cheerio's & Cheese Stick Banana, Raw MILK 1% Lowfat	Jan - 23  Cheese Max Stick Variety of Fruit Juice MILK 1% Lowfat	Jan - 24  French Toast with Sausage Link Variety of Fruit Cups MILK 1% Lowfat	Jan - 25  Egg/Bacon on Biscuit Variety of Fruit Cups MILK 1% Lowfat
Jan - 28  Breakfast Burrito Variety of Fruit Juice MILK 1% Lowfat	Jan - 29  Sausage/Chs Brkfst Pizza Banana, Raw MILK 1% Lowfat	Jan - 30  Cheerio's & Cheese Stick Buddy Fruit Pouch MILK 1% Lowfat	Jan - 31  Chicken Nuggets & Toast Variety of Fruit Cups MILK 1% Lowfat	

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.